

2016 Next Step Camp for Teens - Packing List



- Bible
- Hiking shoes, gym shoes
- Sturdy water shoes or sandals for rafting (Like Chacos, etc)
- Sleeping Bag (required) (some nights we will camp outdoors)
- Hammock with tree straps - optional
- Water bottle (refillable)
- Towels
- Toiletries
- Long pants and modest shorts (see dress code below)
- Casual clothing
- Old shorts & White t-shirt for "Paint Wars" (will get permanently stained). Optional: Bandana to cover hair
- Old clothes & shoes for caving – we will return super muddy.
- Light jacket and/or sweatshirt
- Modest Swimsuits (see dress code)
- Flashlight
- Rain coat
- Optional: Bug spray, sunscreen, camera

Dress Code & Cell Phone Policy Purpose:

It is our desire that Ponderosa Bible Camp be a place where our campers are not distracted from what God has in store for them during their stay at camp, a place where they can focus their eyes and their hearts on their relationship with Jesus, a place where they are not "tempted" by the flesh.

Therefore campers are required to adhere to the "Camp Dress Code" as follows. Remember "Modesty is our Policy".

Cell Phones – "Get unplugged at camp!"

Campers can leave their phone with our office staff during check-in. Campers will not be allowed to have their cell phones or eReaders or tablets during their stay at camp. If there is an emergency we will contact you. During check-in, please place phone in provided zip lock bags and use a marker to write the camper's name on the outside of the bag. If there is an emergency which requires you to come and take your child home early we will give the camper their phone at that time. Otherwise, cell phones will be returned just before check-out time.

- All shorts must be below fingertips when standing. Longer "Bike Shorts" should be worn under athletic shorts to help meet length requirements.
- Skirts must be No shorter than 1 inch above the knee
- We have a No visible waistline (front or back) policy
- We have a No visible cleavage policy
- We have a No visible bra straps policy (please bring a strapless bra for tops with thin straps)
- We have a No visible underwear policy
- If you are wearing leggings or yoga pants: an oversized shirt is best - your shirt must cover your rear end.
- If you are wearing an oversized shirt with shorts: your shorts must come several inches below the longest part of your shirt.
- No strapless shirts/tops
- Girls: No swimsuits that reveal your waist or cleavage. No solid-white swimsuit pieces (they are see-through when wet). V-neck swimsuits tend to show too much cleavage for older girls. Strapless swim tops are acceptable - just be careful when diving!
- Girls: Tank tops are acceptable as long as no cleavage or bra parts or straps are showing. Tank tops that open low under the arm and show your bra (even sports bras) are not acceptable.
- Girls: spaghetti strap tops are acceptable as long as no cleavage shows when you bend over. (A tube top or a t-shirt could be worn underneath to cover cleavage. Try and see which works for you!)
- Girls: Halter tops and racer-back tops are acceptable if they are high enough on the neck to cover cleavage and as long as the back of the top does not expose any skin below the natural bra line.
- **Guys:** Tank Tops are not allowed to be worn in the dining hall or in chapel.

What NOT to bring

Do not bring Cell Phones or any Wi-Fi devices. (eReaders, Kindle, iPad, iPod, Nook, Music Players, etc.), Knives.

Campers will be sent home if they bring any of the following:

Tobacco, alcohol, illegal drugs, weapons, or a foul mouth

